

So Cal Use Only

- Open Gym
- Birthday Party
- Trial Class
- All Stars
- Other

**So Cal TTC
Parent / Guardian WAIVER AND RELEASE Form**

You agree that you are aware of you or your son or daughter, named below, participating in physical exercise involving gymnastics, trampoline and tumbling which could cause injury to them.

You agree that your son or daughter is voluntarily participating in these activities and is assuming all risks or injury that might result.

You hereby agree to waive any claims or rights that you might otherwise have to sue us, our employees, owners, officers, or agents for injuries that might occur as a result of these activities.

You fully understand that the So Cal TTC staff members are not physicians or medical practitioners of any kind. With the above in mind, I hereby release So Cal TTC to render temporary first aid to my child in the event of any injury or illness, and if deemed necessary by the So Cal TTC staff to seek medical help and/or call an ambulance.

We will make no evaluation or recommendation whether your son or daughter is physically fit for any exercise activity. If your son or daughter has any physical conditions that impair their ability to engage in these activities, it is your responsibility to obtain a physician's statement describing any limitations to participate in this program. It is always advisable to consult your physician prior to undertaking any physical exercise program.

Attire: All participants should wear clothing suitable for gymnastics activity: leotard, sweats, shorts/T-shirt. All participants are required to wear socks on the trampoline and double-mini trampoline as well. Please no jeans, belts, buckles, zippers, jewelry or dresses.

Student's Name: _____ Date of Birth: _____ Male/Female

Mailing Address: _____

City:

_____ State: _____ Zip: _____

Parents E-mail: _____ @ _____

Parent/Guardian Name: _____ Ph _____ Relationship: _____

Emergency Contact after Parent: _____ Ph _____ Relationship _____

Parent/Guardian Signature: _____ Date: _____